

# Prayer to Jesus in the Blessed Sacrament

- by St. Alphonsus Liguori

My Lord Jesus Christ, Who, through the love which You bear toward men, does remain with them day and night in this Sacrament, full of mercy and love, awaiting, inviting and receiving all who come to visit You, I believe that You are present in the Sacrament of the Altar. From the abyss of my nothingness, I adore You. I thank You for all the graces which You have bestowed upon me, particularly for having given me Yourself in this Sacrament, for having given my Your most holy Mother Mary for my advocate, and for having called me to visit You in this church. I pay my homage to Your most loving Heart for these three ends

1) in thanksgiving for this great Gift;

2) to make amends to You for all the outrages which You do receive in this Sacrament from all Your enemies;

3) I intend by this visit to adore You in all the places on earth in which You are present in this Sacrament and in which You are the least honored and the most abandoned.

My Jesus, I love You with my whole heart. I am sorry for having offended Your infinite goodness so many times. I purpose, with the help of Your grace, never more to offend You; and, at this moment, miserable as I am, I consecrate my whole being to You. I give You my entire will, all my affections and desires and all that I have. From this day forward, do what You will with me and with everything that belongs to me. I ask and desire only Your holy love, the gift of final perseverance and the perfect fulfillment of Your will. I commend to You the souls in Purgatory, particularly those who were most devoted to the Most Blessed Sacrament and to the Blessed Virgin Mary; and I also commend to You all poor sinners. Finally, my dear Saviour, I unite all my affections with the affections of Your most loving Heart; and thus united, I offer them to Your Eternal Father, and I entreat Him, in Your Name and for Your sake, to accept and answer them.