

# Prayer for Sick

## Physical Healing

Help a friend Share a Prayer

Lord, I come before you trusting in your mercy and love. I come before you with faith in your promise that you shall grant whatever we ask for in prayer if it will be what is best for our soul.

Lord, heal me of my (*kind of sickness*). Touch me now in the areas of my body that need most of your healing love. Let the warmth of your healing love penetrate every cell, every nerve and tissue in my sick body.

Replace these sick cells with new and healthy cells. Cast out anything that should not be in me. Cleanse all infections, remove all inflammations, open any blocked arteries or veins and rebuild all damaged areas.

Strengthen my body, my mind, emotions and spirit and with that same power by which you created me, heal me and recreate me, Lord. Restore me to full health in body, mind, emotions and spirit. Give me the grace to accept this pain and suffering with patient resignation to your most Holy will and plan for my life.

Have mercy on me and forgive my sins. Let me find peace amidst my suffering and offer it for the salvation of souls, especially those of my family and loved ones. With eyes of faith, let me see the blessings out of this physical sickness.

And after I have been healed, may I be a witness of your healing love and power and serve you for the rest of my life.

In Jesus' name I pray, through Mary and all the angels and saints. Amen.

