

Prayer for Healing

Help a friend Share a Prayer



Dear God, You said, Come to me, all of you who are tired and heavily burdened and I will give you rest. I come to you, today... Right now. Please touch every pore, every fiber, every cell of my body. Touch my mind, my heart and my spirit. Fill me with hope. Teach me to believe that with God nothing is impossible. Let me forget and forgive all events that make me sad: and when I worry, teach me to rely on you. Help me to believe that nothing happens by chance and everything that happens has a reason.

I trust that no matter what, you will fight for me. I only need to be still. I need not fear anymore. Help me, heal me, hug me, be here in my pain. Blessed pain, holy pain. Blessed pain, holy pain. I accept your will, but touch every part of me that needs healing... heal my body, heal my heart, heal my mind, heal my spirit, heal my pocket, heal my memories. I have come to you with my burdens. You will give me peace, you will give me rest. You will give me healing... And this I believe.

I believe that I am healed.

I believe that I am whole.

I believe that I can now live life to the full.

Mother Mary, Regina Rosarii, intercede for me to Jesus your Son. I ask this, in the name of Jesus the great healer, the great provider. Amen.