

Lenten Novena

Father, all-powerful and ever-living God, during the Holy Season of Lent You call us to a closer union w/ Yourself. Help me to prepare to celebrate the Paschal Mystery with mind and heart renewed. Give me a spirit of loving reverence for You, our Father, and of willing service to my neighbour. As I recall the great events that gave us new life in Christ, bring the image of Your Son to perfection within my soul.

This great season of grace is Your gift to Yourfamily to renew us in spirit. Give me strength to purify my heart, to control my desires, and so to serve You in freedom. Teach me how to live in this passing world with my heart set on the world that will never end.

I ask for the grace to master my sinfulness and conquer my pride. I want to show to those in need Your goodness to me by being kind to all.

Through my observance of Lent, help me to correct my faults and raise my mind to You, and thus grow in holiness that I may deserve the reward of everlasting life. In your mercy grant me this special favour

(Mention your request)

The days of the life-giving Death and glorious Resurrection of Jesus Christ, Your Son, are approaching. This is the hour when He triumphed over Satan's pride, the time when we celebrate the great event of our Redemption. The Suffering and Death of Your Son brought life to the whole world, moving our hearts to praise Your glory.

The power of the Cross reveals Your judgement of this world and the kingship of Christ crucified. Father, through His love for us and through His Sufferings, Death and Resurrection, may I gain eternal life with You in heaven. Amen.

Lenten Prayer

God of all compassion, Father of all goodness, to heal the wounds our sins and selfishness bring upon us, you bid us turn to fasting, prayer, and sharing with our brothers and sisters. We acknowledge our sinfulness, our guilt is ever before us; when our weakness causes discouragement, let your compassion fill us with hope and lead us through a Lent of repentance to the beauty of Easter joy. Grant this through Christ our Lord. Amen.